2023/2024 Annual Report

The Heart of Health

Ensuring Better Health for All



Securing the Health and Safety of Our Community

Dear Friends.

I am delighted to present our 2023-24 Annual Report, our version of a "double album" covering our greatest hits from 2023 and 2024.

Together, we've created some beautiful music, grounded in our shared belief that we are a stronger community when everyone has access to world-class healthcare services, regardless of ability to pay. Thanks to your support, we've made leading-edge healthcare more accessible by funding transport ambulances, advanced neonatal brain injury research, upgraded the Regional Burn Center, and invested in community health programs that reached tens of thousands of young people. These high notes and more play out in this annual report.

And that's just the start. On April 1, 2025, we welcome Regional Medical Center to the Santa Clara Valley Healthcare (SCVH) family. This historic move will restore critical services – like trauma and stroke care – to one of Silicon Valley's highest-need communities. It reminds us of a similar challenge five years ago, when the County of Santa Clara successfully saved O'Connor Hospital and St. Louise Regional Hospital, integrating them into SCVH to improve care for all.

Once again, SCVH is stepping up to protect our community, but we need your help. Restoring Regional Medical Center's essential services requires significant resources. Your continued support is vital to ensuring our dedicated healthcare professionals can meet this challenge head-on.

Thank you for believing in us and making our work possible.

Yours In Community Service,

Michael Elliott

Michael Elliott

President & Executive Director Valley Health Foundation



The Healthiest Community in the Nation!







Valley Health Foundation's Strategy for Better Health

For over 35 years, Valley Health Foundation (VHF) has worked to improve the health of Santa Clara County.

VHF supports patients, families, and healthcare professionals by improving health outcomes and addressing barriers to care. VHF innovates with technology and creative approaches to build a healthier community and a health system that works for everyone. Additionally, VHF advocates for equitable access to high-quality care, ensuring that all residents in Santa Clara County receive exceptional services, regardless of their ability to pay.

The vision of Valley Health Foundation is for Santa Clara County to be the healthiest community in the United States where all residents have access to the highest quality health services.

The mission of Valley Health Foundation is to be a leader for community health and healthcare in Santa Clara County by fundraising to support, innovate, and advocate better health for all

Table of Contents

Message from Michael Elliott 2
VHF Supports 4
VHF Innovates 6
VHF Advocates 8
Community Grants 10
Turning Wheels for Kids 12
Community Wellness and Healthcare 13
County-Wide Services 14
Donor Recognition 16
Program Highlights 19
Financial Update 20
Ways to Give
Upcoming Special Events 22

Valley Health Foundation is an independent, community-driven 501(c)3 nonprofit organization working to support quality health and healthcare for all in Santa Clara County (Tax ID 77-0187890).

If you would prefer not to receive mail for fundraising from us, please email giving@vhfca.org

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Improving Outcomes by Addressing Barriers

Susanne B. Wilson Women and Children's Center **Delivers Comprehensive Care**

Located on the Santa Clara Valley Medical Center campus, Susanne B. Wilson Women and Children's Center provides comprehensive care all under one roof — including a Mother and Baby Unit, Neonatal Intensive Care Unit (NICU), and Pediatric Intensive Care Unit (PICU). It is named in honor of former Santa Clara County Supervisor Susie Wilson, a trailblazer leader and champion of healthcare for all.

Thanks to the generosity of donors, Valley Health Foundation has supported efforts to ensure the Women and Children's Center is a welcoming space for the families and children it serves.

Most recently, this includes a new library and outdoor patio that is open to patients and families during their inpatient stay. The library space provides a variety of books for youth of all ages that patients can enjoy. The colorful spaces mirror other art installations and spaces in the Women and Children's Center (including the "Like a Multivitamin" installation in its courtyard).



The Women and Children's Center also unveiled a new art installation named "Sentia" in 2023. Created by German artist Christian Moeller, the 30-foot-tall kinetic sculpture is inspired by wildlife, such as the drinking bird or stork.

Greeting patients from the roof, Sentia is a welcoming centerpiece for patients, especially children, as they arrive at the Women and Children's Center.

Fleet of New Ambulances Assist with Transport

Santa Clara Valley Healthcare (SCVH) has rolled out a welcome new ambulance fleet to help make sure everyone gets the emergency care they need, right when they need it. Last May, SCVH introduced these ambulances to cut down on patient transport times across the public healthcare system. This means quicker transfers between the three public hospitals and other facilities like clinics, Behavioral Health, Custody Health Services, and more.

Valley Health Foundation (VHF) was excited to team up with SCVH to get these ambulances on the road. Thanks to fundraising efforts led by Friends of St. Louise, part of Valley Health Foundation, this initiative is now a reality.

These new ambulances are transforming for patient care, ensuring timely and appropriate levels of treatment. Not only do they enhance the patient experience and reduce wait times, but they also improve hospital bed efficiencies. For example, getting ICU patients ready for step-down care to their next destination faster means precious ICU beds can be available for new patients sooner.

The fleet includes twelve ambulances: nine for basic transfers that have been in service since May, one for advanced life support, one for critical care transport, and a NICU transport unit.

The NICU transport unit is specially designed to move babies in need of specialized care to SCVMC's Level IV NICU. This vehicle allows the NICU team to start providing care as soon as the baby is on board. This new unit, replacing an older vehicle, was designed with input from NICU staff to ensure an embracing and comforting environment for families during such a stressful time.



One Little Book Helps Develop Early Literacy

Reach Out and Read Integrates Books with Pediatric Care

We help champion the powerful bond between books and children, much like the classic pairing of milk and cookies — only far healthier and essential for child development. To further this mission, VHF has joined forces with Reach Out and Read, an initiative through which an astounding 41,470 books have been distributed across seven Santa Clara County clinics over the past two years.

Reach Out and Read is a national nonprofit dedicated to fostering early literacy and school readiness in young children by integrating books into pediatric care. VHF plays a crucial role by staffing and coordinating the program's activities at seven clinics via Santa Clara Valley Healthcare. VHF is celebrating its 15th year of participating in this important program. The program provides books in English, Spanish, Vietnamese, and Chinese, which are given to children during routine pediatric visits.

Dr. Amy Kostishack shares, "One of my favorite parts of a checkup is introducing a new book to a patient. Through the Reach Out and Read program, primary care pediatricians have the opportunity to share age-appropriate books with infants and children, especially those who may not have many books at home. Opening the first page of a book at the start of a visit helps break the ice and ease any nervousness."

These multicultural books reflect the diverse backgrounds of our patient population and convey important messages about family, emotions, healthy eating, and enjoyable activities. Many of the books are crafted to be fun and captivating, encouraging children to read them repeatedly.

Approximately one-third of U.S. children start kindergarten without the skills needed to succeed in school. This program introduces the joy of reading to families from all backgrounds and economic means, making it a part of their daily routines. Early reading offers numerous benefits, including strengthening parent-child bonds, expanding vocabulary and listening skills, and enhancing sound and letter recognition.

66 One little book is as essential a tool as my stethoscope."

~ Dr. Amy Kostishack Santa Clara Valley Medical Center



Pioneering Clinical Research

VHF supports valuable research for SCVH by providing financial, logistical and administrative assistance, allowing researchers to focus on what's important — innovative and meaningful patient outcomes.

Asterias Stem Cell Study

At Santa Clara Valley Medical Center, physicians conducted a clinical trial where they injected stem cells into the spinal cords of patients with severe spinal cord injuries. The goal of this trial was to investigate whether stem cells could be safely used to help regenerate damaged neural connections and potentially restore some level of neurological function. Participants were evaluated for neurological improvements for one-year post-injection. The safety follow-up will continue for 15 years.

"The future for stem cell research is bright," said Stephen McKenna, MD, of the Rehabilitation Trauma Center at SCVMC. "Conducting the world's first clinical trial of human embryonic stem cells and showing that they have been safe is a historic milestone in this new and developing field."

Spinal Cord Injury Model Systems

The Spinal Cord Injury Model Systems (SCIMS) program is a network of specialized programs across the United States that improve the longterm outcomes for individuals with spinal cord injuries (SCI). Santa Clara Valley Medical Center is one of 18 SCIMS centers in the United States. SCIMS also maintains a national database to collect and analyze data on SCI, which helps inform future research and treatment strategies. SCVMC has been collecting data for over 45 years, including valuable follow-up assessments that shed light on aging with a spinal cord injury, community integration, and quality of life.



Multimodal Module Monitoring for Infants

Very premature or critically ill infants face significant risks for brain injury and abnormal brain development, which can lead to longterm neurodevelopmental disabilities and mental health disorders. Early detection allows healthcare providers to identify brain injuries quickly and administer preventive and therapeutic interventions to protect the brain.

The SCVMC NICU has established a non-invasive multimodal monitoring system. This system captures, displays, and stores various synchronized vital signs and neurological parameters. The results from this study will help develop strategies for the prevention, early detection, and treatment of neonatal brain injury.

Maternal Breast Milk Intake for Premature Infants

Recent studies show that premature babies who receive mother's breast milk tend to have better brain development. This study aims to look at the type of milk (mom's milk, donor milk, or formula) and the amount of milk premature babies (born before 33 weeks) receive in the NICU until they are about 37 weeks old. The goal is to figure out how different diets affect their health both in the short term and long term. This research could help improve the care of these tiny infants by highlighting the benefits of feeding them maternal milk.



Innovation with Focus on Exceptional Outcomes

Decision Aid for Burn Reconstructive Surgery

The Burn Center at Santa Clara Valley Medical Center is dedicated to helping burn survivors regain their quality of life. Work is in progress on a leading-edge decision aid to assist surgeons in making the best choices for reconstructive burn surgery. This high-fidelity tool aims to make a big difference for those affected by burns and to advance the entire field of plastic surgery. Addressing the functional and emotional challenges of burn scars is one of the most pressing needs in plastic surgery, and the Burn Center and VHF are committed to making progress in this area.



High Resolution Screen Helps Guide Device Insertion for Burn Patients

Thanks to the supporters of the Valley Health Foundation Michael Van Every Burn Fund in 2024, the Burn Center at Santa Clara Valley Medical Center and St. Louise Regional Hospital's ICU received new equipment for high-quality, patient-centered care.

In burn care, infection prevention is crucial for recovery. To assist in wound management, the Burn Center received the MolecuLight DX[™] Fluorescence Imaging Device. This handheld device accurately measures wounds and detects bacteria early, providing clinicians with detailed images and data for informed care without touching the patient.

The ICU at St. Louise Regional Hospital received a Verathon GlideScope System. This system aids in the accurate placement of breathing tubes and bronchoscopes, essential for patients needing respiratory support. Its high-resolution screen and adaptability make it a valuable tool for both adult and pediatric care, proving to be a significant asset for both staff and patients.



Highest-Ranking Rehab Hospital in the West

U.S. News & World Report recently evaluated 1,049 US rehabilitation hospitals caring for patients with strokes, brain injuries, spinal cord injuries, and burns. Santa Clara Valley Medical Center (SCVMC) was ranked #6 in the United States and was the highest-ranking rehab hospital in the Western United States. vhfca.link/USNBest

Valley Health Foundation supports the Rehabilitation program at SCVMC in a variety of ways. From purchasing exciting technology like the ZeroG® Gait and Balance System, which provides dynamic body-weight support as patients practice walking, balance tasks, sit-to-stand maneuvers, and even stairs, to supporting community events like Accessibility Day and Day on the Lake, which lets individuals with disabilities explore mobility and recreation options like adapted boating. VHF's ongoing vision is for Santa Clara County residents to have access to the highest quality health services.

Equitable Health for High-Need Communities

Response to Health Needs in the County

In 2023, VHF partnered with the Santa Clara County Public Health Department to repurpose the Covid-19 "Vax Mobile" into a general purpose mobile vaccine unit. Through generous donations, over 83.000 COVID-19 vaccinations were delivered to at-risk and hard-to-reach communities. Building on this success, the health department established the Mobile Response Team (MRT), using the van to promote health equity and accessibility by offering urgent, preventive, and educational services to high-need communities.

Multi-lingual messaging advises communities about available services in their preferred languages. In 2024, the van distributed vaccines for shigella, RSV, hep B, mpox, measles, and provided Narcan to combat fentanyl overdoses, in response to health needs in Santa Clara County, VHF donors funded a new exterior wrap for the van with messaging in English, Spanish, Vietnamese, and Chinese.



Making Healthcare Friendlier for Refugees

Accessing healthcare in the United States can be challenging for newly arrived refugees. They're navigating a new culture, language, laws, surroundings, community resources, transportation systems in addition to learning how to access healthcare in a system that is often markedly different from their country of origin.

The TB Clinic & Refugee Health Assessment Program at VHC Lundy is the only clinic of its kind in the county. It serves as the first healthcare touchpoint for new refugees, asylees, humanitarian parolees, special immigrant visa holders, and human trafficking victims. Santa Clara County has one of the highest TB rates in California and among many services offered, they provide TB screening services to new refugees, many of whom may unknowingly have this transmittable disease. Santa Clara Valley Healthcare reached out to Valley Health Foundation to help them make the clinic environment welcoming and easy to access, encouraging informed healthcare use and early detection and treatment of TB and other chronic conditions.

VHF secured a \$40,000 grant to support the immediate needs of the patient and families served by the TB and Refugee Clinic. The grant funds new and welcoming décor for family intake and pediatric exam rooms, adding interactive toys and vibrant colors to make the space more inviting. It also provides activities and snacks for children during appointments, as well as 1,000 care kits, including prenatal and infant care items, limited groceries, and short term transportation assistance.



Physicians Working to End Racism

Pedi POWER sounds like a super-hero name, but is much more!

Pedi POWER (Pediatricians Organizing and Working to End Racism) is a grassroots, SCVH physician-led movement centered on an anti-racism approach to medicine.

Pedi POWER has received several awards, including the Health Equity Transformation Award and the Perinatal Equity Conference Appreciation Award.

Pedi POWER advocates for equitable patient care, trainee education, and the recruitment and retention of pediatricians. Pedi POWER envisions a healthcare system that recognizes and corrects existing inequities through policy change, training, and through providing direct care that centers the rich diversity of its patient population.

Valley Health Foundation was an early partner in Pedi POWER's efforts in 2020 to design and provide multi-language COVID-19 vaccine educational materials because early signage endorsing vaccinations were almost entirely monolingual in English.

Today, VHF helps support Pedi POWER's Book POWER program, distributing culturally representative books and summer kits that promote a love of literacy, link children to community resources, and promote fun learning activities particularly for low-income children during the summer months.



Pedi POWER listens to its community and works to promote health equity and address racial disparities in healthcare. Through advocacy, patient education, research, and staff training, they aim to make a difference.

In 2025, they'll host their first conference, "Empowering Tomorrow," bringing together healthcare providers and community partners to create new ways to support vulnerable children and families.

Overcoming Social Effects from COVID-19

Improving Access to Childcare

Santa Clara County childcare providers faced many pandemic challenges, leading to the closure of over 600 childcare centers. Families continue to struggle to find affordable options. The County of Santa Clara, with help from Valley Health Foundation (VHF), stepped in to find solutions.

The Childcare Expansion Grant Program, was established by the County of Santa Clara utilizing \$15 million from the American Rescue Plan Act. This grant program has helped childcare providers reopen, expand, and increase the availability of affordable childcare across Santa Clara County. As one childcare provider shared, "Transforming my daycare center into a remarkable learning center has been an incredibly rewarding journey."

VHF developed and managed the application process, reviews submissions, and distributes funds, ensuring the grants focus on equity and improving access to affordable childcare. Nearly 500 applications were submitted. VHF expects to award more than 50 grants, resulting in over 600 new spaces for childcare, especially for infants and toddlers, across Santa Clara County.

The County and VHF have prioritized ongoing individual support, translation of applications, and bilingual contracts throughout the program allowing equal access to all.

Revitalize and Sustain: Supporting Nonprofits

The COVID-19 Nonprofit Resilience and Sustainability Grant Program was designed to strengthen the sustainability and responsiveness of community-based organizations in Santa Clara County. As one grant recipient shared, "With the support of this grant, our organization has been able to address systemic inequalities and support the wellness of our staff, allowing us to better care for our community."

66 Our truck plays a critical role in enhancing delivery services that allows us to distribute nearly 250,000 meals to vulnerable community members every month."

~ Grant recipient

Administered by Valley Health Foundation, this \$10 million, two-year program was funded by the County of Santa Clara through Federal Coronavirus State and Local Fiscal Recovery Funds under the American Rescue Plan Act. The program helped nonprofits tackle issues like lost revenue and infrastructure experienced during the pandemic by focusing on improving facilities, IT infrastructure, strategic planning, and collaboration with other nonprofits.

A total of 87 grants were awarded to 77 nonprofit organizations serving the most vulnerable populations in Santa Clara County. Grants of up to \$150,000 were available in two categories: Resilience and Sustainability. The Resilience funds helped nonprofits recover from the economic impacts of the pandemic by replenishing inventory, strengthening IT and financial systems, and engaging in operational and/or strategic planning. The Sustainability funds focused on planning or implementing organizational changes, including strategic planning, staff training, and community outreach.



School-Based Behavioral Health Wellness Centers

Mental health is health. Making sure our children have the necessary mental health and wellness resources is critical. Santa Clara County Supervisor Susan Ellenberg said, "Even before the pandemic, we knew that levels of depression, anxiety, eating disorders, and other mental illnesses were on the rise among our youth. During the pandemic, the incidence of these illnesses skyrocketed."

Valley Health Foundation (VHF) is administering the \$13.2 million School-Based Behavioral Health Wellness Center Grant Program, designed to support Santa Clara County public school districts to open new wellness centers, supplement services at an existing wellness center, and/or strengthen and build operational infrastructure.

The School-Based Behavioral Health Wellness Center Grant Program,

is funded by the County of Santa Clara through Federal Coronavirus State and Local Fiscal Recovery Funds under the American Rescue Plan Act of 2021 (ARPA), State of California Mental Health Services Act Prevention and Early Intervention funds, Juvenile Justice Crime Prevention Act funds under the Youthful Offender Block Grant, and philanthropic contributions to VHF. To date, 39 schools across 14 Santa Clara County public school districts have received School-Based Behavioral Health Wellness Center Grant Program funds. These funds have immediately impacted the mental health and well-being of thousands of students.

A leader from one participating school district said, "We are extremely excited for our Valley Health Foundation project as it has allowed us to become creative in ensuring our wellness centers are spaces that are therapeutic and welcoming offering access to all students."The grant program is part of Santa Clara County's strategic vision to address inequity and improve public health, provide safety net services for the community, and support the County's continued COVID-19 response.





The Childcare Expansion Grant Program, COVID-19 Nonprofit Resilience and Sustainability Grant Program, and the School-Based Behavioral Health and Wellness Center Grant Program are funded by the County of Santa Clara through Federal Coronavirus State and Local Fiscal Recovery Funds under the American Rescue Plan Act.

Inspired by Fun and a Healthy Lifestyle

66 Giving a child a new and safe bike is a great way to encourage them to get outside and active which improves their health and sense of independence."

> ~ Sunny Ochoa VHF Senior Program Officer

Bikes add fun to fitness, and there's nothing like a child's first bike. Turning Wheels for Kids (TWFK), a program of Valley Health Foundation, builds and distributes bikes with the goal of encouraging healthy and safe exercise for at risk, underserved and low-income families.

Since 2003, generous donors to VHF have allowed TWFK volunteers and VHF staff to build and distribute more than 50,000 age-appropriate bikes (with locks and helmets) to low-income and underserved children. These bikes are crucial for social integration, confidence-building, and cognitive well-being. VHF proudly partners with SCVH pediatric programs, including the Pediatric Healthy Lifestyle Center, community-based organizations, schools, and faith-based organizations to identify and distribute bikes to children with the greatest need.

Additionally, TWFK volunteers (including a large group of bike mechanics) and staff have hosted numerous "no cost" bike repair clinics across Santa Clara County, repairing 344 bikes for children in the past two years alone, ensuring safe and reliable transportation, and recreation for children.









Ten Vital Signs of Better Health

Valley Health Foundation and Santa Clara Valley Healthcare collaborate to address the vital signs of better health, focusing on innovative solutions and community-centered care to enhance well-being and health equity. VHF is proud of this partnership! Let's check the pulse of Santa Clara County!

Santa Clara Valley Healthcare

- Santa Clara Valley Healthcare (SCVH) serves more than
 1 in 4 area residents, offering care regardless of insurance or ability to pay.
- For more than 50 years, SCVH has provided essential training for primary and specialty care physicians. More than 25% of physicians who work in Santa Clara County received training at SCVH.
- 3. As an integrated health system, SCVH has more hospital beds than any other health system in Santa Clara County and includes a network of 16 health centers offering both primary and specialty care services.
- 4. SCVH includes three Mobile Medical Units, reaching patients that traditional clinics can't, including shelters for the unhoused, teen alternative schools and more.
- 5. The health system has a history of serving patients for nearly 150 years. SCVH's four hospitals — Santa Clara Valley Medical Center (1876), O'Connor Hospital (1889), St. Louise Regional Hospital (1989) and Regional Medical Center (joining in 2025) have a combined total of more than 300 years of providing high quality, compassionate and patient-centered care for all.

Santa Clara County

- 6. Santa Clara County was recently recognized as the healthiest "large" community in the country by U.S. News and World Reports, achieving top ranking for counties with populations of more than 1.5 million residents. Santa Clara County has a population of 1.9 million covering 1,291 square miles.
 vhfca.link/HealthySCC
- 7. Santa Clara County residents have a much lower rate of being uninsured (4.4%) than the national average (11.5%).
- 8. Santa Clara County residents are healthier and have a higher average life expectancy (84.1 years) compared to the national average (75.8 years).
- County mortality rate for COVID-19, influenza and pneumonia are 64% lower than the national average.
- 10. Suicides in Santa Clara County are 51% lower than the national average.

Expanding Healthcare Access



Photo Courtesy of SCVH

Regional Medical Center

The County of Santa Clara County purchased the Regional Medical Center (RMC) in East San Jose. This acquisition will preserves critical healthcare services for the community, especially in underserved neighborhoods. By integrating RMC into the Santa Clara Valley Healthcare system, residents will have access to top-notch Level II trauma care, comprehensive stroke care, specialized heart attack treatment, and labor and delivery services.

New Inpatient Behavioral Health Facility

The County of Santa Clara is building a new inpatient psychiatric facility as part of a larger Behavioral Health Center on the Santa Clara Valley Medical Center campus in San Jose. This state-of-the-art facility will provide comprehensive mental health services for children, adolescents. and adults. Spanning 207,000 square feet, the center will feature age-appropriate amenities, indoor and outdoor therapeutic environments. and emergency psychiatric services. The goal is to offer a continuum of care in one setting, allowing young people in crisis to receive the support they need close to home. The facility is expected to be completed in 2026, addressing a critical gap in mental health services for youth in Santa Clara County and providing a safe place for healing.

Oral Health Program

A comprehensive dental network is offered through the County of Santa Clara Oral Health Program, ensuring that everyone has access to essential dental care, regardless of their financial situation. The program aims to reduce disparities in oral health by working with school districts, nonprofits, and other agencies to provide oral health services to children and underserved populations.

Palo Alto and Morgan Hill Clinic Openings

New medical clinics have opened in Palo Alto and Morgan Hill to enhance healthcare access for residents. Both clinics are part of the Santa Clara Valley Healthcare system, ensuring residents receive comprehensive and coordinated care. Services at Valley Health Center North County (Palo Alto) and Valley Health Center Morgan Hill include urgent care, family medicine, adult medicine, radiology, mammography, laboratory services, and on-site pharmacies.

New Location for Valley Health Center San Jose

Opening in 2025, this new health center location will incorporate urgent care, family medicine, specialty clinics (including the Partners in Aids Care and Education or PACE clinic), laboratory services and on-site pharmacy. Close to the Santa Clara Valley Medical Center campus on Bascom Avenue, the new location will replace clinical services provided by the current Valley Health Center San Jose and Valley Health Center Moorpark.



Care for Our Community Neighbors



Hospitals

Santa Clara Valley Medical Center

751 South Bascom Avenue, San Jose, CA 95128

O'Connor Hospital

2105 Forest Avenue, San Jose, CA 95128

St. Louise Regional Hospital

9400 No Name Uno, Gilroy, CA 95020

Regional Medical Center

225 North Jackson Avenue, San Jose, CA 95116

Health Centers

- Valley Health Center North County
 4151 Middlefield Road, Palo Alto, CA 94303
- 2. Valley Health Center Milpitas 143 North Main Street, Milpitas, CA 95035
- 3. Valley Health Center Lundy 1996 Lundy Avenue, San Jose, CA 95131
- 4. Valley Health Center Sunnyvale 660 South Fair Oaks Avenue, Sunnyvale, CA 94086
- Valley Health Center Moorpark
 2400 Moorpark Avenue, San Jose, CA 95128
- Valley Health Center San Jose
 750 South Bascom Avenue, San Jose, CA 95128
- 7. Valley Specialty Center 751 Renova Drive, San Jose, CA 95128
- 8. Valley Health Center Downtown 777 East Santa Clara Street, San Jose, CA 95112
- Valley Health Center East Valley
 1993 McKee Road, San Jose, CA 95116
- **10. Valley Health Center McKee** 227 North Jackson Avenue, San Jose, CA 95116
- 11. Valley Health Center Alexian 2101 Alexian Drive, San Jose, 95116
- **12. Valley Health Center HomeFirst Shelter** 2011 Little Orchard Street. San Jose. 95125
- **13. Valley Health Center Tully** 500 Tully Road, San Jose, CA 95111
- 14. Valley Health Center at Vietnamese American Service Center 2410 Senter Road, San Jose, 95111
- **15. Valley Health Center Morgan Hill** 18550 Depaul Drive, Morgan Hill, CA 95037
- **16. Valley Health Center Gilroy** 7475 Arroyo Circle, Gilroy, CA 95020

Donors are Our Heroes

Race to Better Health: Tarana Wireless and Stars & Strides



Valley Health Foundation applauds Basil Alwan and Tarana Wireless for their financial support for our annual Stars and Strides event. Stars and Strides is more than just an event; it's a celebration of community, health, and the incredible work of healthcare professionals at Santa Clara Valley Healthcare. The event raises funds for VHF, which supports the healthcare needs of the Santa Clara Valley community through the provision of support for staff, services, equipment, and innovative programs designed to ensure better health for all!

Tarana Wireless exists to connect and help build healthy communities by equipping families with affordable and reliable, high-speed broadband. Valley Health Foundation has a somewhat similar mission; by supporting our Valley's four public hospitals and 14 healthcare clinics to equip more than one million local residents with high quality, world-class health care.

> **66** As Co-Title Sponsor of our annual Independence Weekend "Stars & Strides" community run, we are delighted to enable everyone in our Valley to live healthier and more connected lives."

> > ~ Basil Alwan, CEO, Tarana Wireless



Driving Healthcare Forward: Erik Mandler & Westmed Ambulance Service



Erik Mandler (right), President of Westmed Ambulance Service, and key members of the Westmed team, attended VHF's 2024 Tribute to Heroes Annual Gala. The Mandler family, who own and operate the longest-standing family-owned ambulance company in the Bay Area, have provided high quality emergency transport services for Santa Clara Valley Healthcare for the past 14 years.

Together with VHF, the Mandler family supports existing and new fundraising initiatives aimed at improving the availability and access to high quality healthcare for all Santa Clara County residents.

Giving Back: Grace Liu

Grace became a donor to VHF in 2024 after touring Santa Clara Valley Medical Center. She was especially moved by the work of SCVMC's Sobrato Cancer Center, the only 100% open-door cancer treatment center in Santa Clara County. Her generous gift will support patient care and staff development for the Oncology team at SCVMC.

46 Having grown up in a family that values giving back,
I have always believed that success comes with the
responsibility to do what you can for your community.

Since moving to the U.S. in 1998 and making Silicon Valley my home, I've recognized that, no matter where you are, there's always a gap between those who have enough and those who do not. The best ways to bridge this gap are through education and healthcare. Education provides individuals with the opportunity to achieve success, while healthcare is a fundamental right and necessity. I support the Valley Health Foundation to help keep our local health system strong. Santa Clara Valley Healthcare is a public non-profit health system that delivers exceptional care to everyone. It's important to me to support this cause however I can."



Erin Monroe: A Lifetime of Giving and Healing



Valley Health Foundation donor, Erin Monroe, RN has dedicated the past 45 years to ensuring residents in South Santa Clara County have access to high quality healthcare.

Erin, from Saint Louise Regional Hospital, will soon retire. She has been a dedicated board member of the Friends of Saint Louise, now a part of Valley Health Foundation.

66 The best way to find yourself is to lose yourself in the service of others."
~ Erin's favorite quote from Mahatma Gandhi

Erin was hired by Wheeler Hospital and, after its closure in 1989, transitioned to Saint Louise Regional Hospital where she served as a labor and delivery nurse, a childbirth educator, a general surgery nurse, and eventually became the director of Maternal Child Health Services.

Along with her support as a donor, Erin is a member of Friends of St. Louise, an advisory committee to Valley Health Foundation who supports VHF fundraising activities in South Santa Clara County.

Colin Beech's Road to Recovery: A Family's Gratitude

The Beech family is proud to support Valley Health Foundation. Following a series of life-threatening strokes at the age of nine, their son, Colin, regained the ability to speak, walk, and participate in life at the Pediatric Rehabilitation Center at Santa Clara Valley Medical Center (SCVMC).



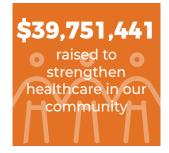
"We wouldn't be here without the support his care team at SCVMC and some of the acute rehabilitation equipment Colin used that was purchased by donors to Valley Health Foundation. Since his return home, our family has started the Colin Beech Foundation, raising funds to support care in hospitals that saved his life."

We are tremendously grateful for the care he received and the tools we gained to help us support Colin following hospital discharge. Colin is 13 now and thriving!"



Celebrating Our 2023 and 2024 Impact









7,255
Stars and Strides
runners hit 27,500
miles, combining
healthy activities and
fun community events



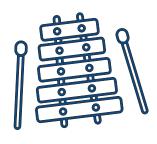




bikes repaired, with no cost, to keep kids' bikes road safe 88%
of every dollar donated spent on programs and services

at-risk babies
graduating the Bridge
program, addressing
the emotional,
educational, and social
needs of families

\$15M grant program established to expand affordable childcare



at-risk babies provided music therapy, promoting infant development and parent-infant bonding 210 tattoo removals provided through the Clean Slate Program new school-based wellness centers opened through the School-Based Behavioral Health Wellness Center Grant Program



new ambulances improve access and timeliness of care

outstanding clinicians celebrated and recognized for their dedication and excellence

volunteers
engaged in
community service
projects and events



non-profits supported through the COVID-19 Nonprofit Resilience and Sustainability Grant Program 41,470
multi-lingual and age-appropriate books distributed at pediatric visits supporting early development



Revenue 2024 2023 \$ 3,205,577 \$ 3.128.939 Contributions 18% Grants \$11,939,840 66% \$ 14,142,679 575.507 Special events, net 504.813 3% Donated items and services in-kind 1.039,300 \$ 2,558,133 6% Class and conference service fees 279,989 2% 149,413 Earned revenue* 1,187,134 1,040,118 7% Total revenue and support \$ 18,156,652 \$ 21,594,789 66% 65% **Expenses** \$15,599,474 \$ 16,426,534 **Programs** 86% Administration \$ 1,420,457 \$ 1,137,135 8% Fundraising 1,119,391 6% \$ 1,183,418 **Total expenses** \$ 18,139,322 \$ 18,747,087 86% 88%

14%

65%

3%

12%

1%

5%

88%

6%

6%

*Includes interest income, management fees, and gift shop sales.

Audited financials are available upon request.



Support for VHF: Ways to Give







In addition to making a one-time donation, there are many ways to support Valley Health Foundation. Your gift makes a difference in the lives of others and helps VHF support, innovate, and advocate better health for all in Santa Clara County.

Honor a Caregiver

Show your appreciation for a special SCVH healthcare provider (caregiver) who helped you or a loved one by making a gift in their honor. When you honor a caregiver, VHF will publicly recognize them and present them with a special "Honored Caregiver" pin.

Become a Monthly Donor

When you make a monthly gift, you are helping to ensure that the highest level of care is available to everyone. Monthly gifts of all sizes make a big difference and can be automated to save you time!

Make a Gift that Leaves a Legacy

Leave a lasting impact by considering a planned gift. Whether you choose to include Valley Health Foundation in your will, establish a charitable trust, or name our organization in your retirement plan or life insurance policy, learn more about options for how your generosity today can shape the future of health and healthcare in Santa Clara County.

Make a Gift of Stock or Other Assets

This type of gift not only provides you with potential tax benefits but also ensures that our programs and services continue to thrive.

For more information, please call 408-885-5299. Your generosity and gifts are greatly appreciated. *valleyhealthfoundation.org/ways-to-give*



Please help by making a donation.

Participate with VHF and Help Make an Impact

Attending VHF's special events supports crucial healthcare initiatives, fosters community engagement, and offers fun, educational experiences. These events fund vital programs, connect community members, and promote health awareness.

Stars and Strides — Five Years in the Running

The Bloom Energy and Tarana Wireless Stars and Strides 5K-10K Walk/Run and Kids Fun Run is celebrating its 5th anniversary this year on June 28, 2025, at Discovery Meadow in San Jose.

Over the past four years, this incredible event has welcomed a total attendance of 7,255 participants, collectively completing 27,514 miles and raising more than \$1.2 million to fund VHF programs.



Registration is now open!

This Independence Day themed race and family-friendly festival promises fun for everyone. All are welcome and encouraged to dress in fun, thematic costumes. Don't miss your chance to join the excitement!



Come for the run – stay for the fun at the post-race festival, featuring live music, delicious food and drinks, and entertainment and activities for all ages. And here's an added bonus: join or create a team for a chance to win an all-inclusive tropical vacation!

Invite your friends and family to be part of this amazing event. For more information and to register, visit **StarsandStridesRun.com** We can't wait to see you there!

Chris Wilder Golden Golf Challenge

Join us for the Chris Wilder Golden Golf Challenge, an extraordinary charity golf event benefiting Valley **Health Foundation.** This unique tournament, created by a group of dedicated golfers, breaks away from the typical scramble format. In this innovative challenge, you'll play your own ball while rotating the Golden Ball through your foursome. Compete for fun, glory, and amazing prizes, both individually and as a group, in this exciting one-day event. October 20, 2025, San Jose Country Club.





For more information on attending VHF events or sponsorship opportunities, please contact: events@vhfca.org

Tribute to Heroes Gala

Join us for an unforgettable evening at the Tribute to Heroes Gala.

This black-tie affair will feature gourmet cuisine, fine wines, live music, and the chance to mingle with some of Silicon Valley's most prominent healthcare professionals, business leaders, and elected officials. We invite you to this exciting night of fun and fundraising. **September 13, 2025, San Jose Signia Hilton.**

San Jose Q&A: A Trivia Showdown in Support of Burn Recovery

Get ready for an evening of fun and excitement at the San Jose Q&A! This interactive trivia showdown will feature a panel of local celebrity guests and test your knowledge of San Jose while filling your evening with laughter and surprises. Join us for an unforgettable night and support the VHF Michael Van Every Burn Fund which assists burn recovery efforts in our community. October 9, 2025, San Jose, Stage Company.





66 Every VHF event is a step toward a healthier community, where compassion meets action and lives are transformed."

The Heart of Health



Valley Health Foundation (VHF) is the only nonprofit that supports Santa Clara Valley Healthcare (SCVH) in benefiting patients, families, and healthcare professionals to improve outcomes and address barriers.



valleyhealthfoundation.org









2400 Clove Drive San Jose, CA 95128 408.885.5299